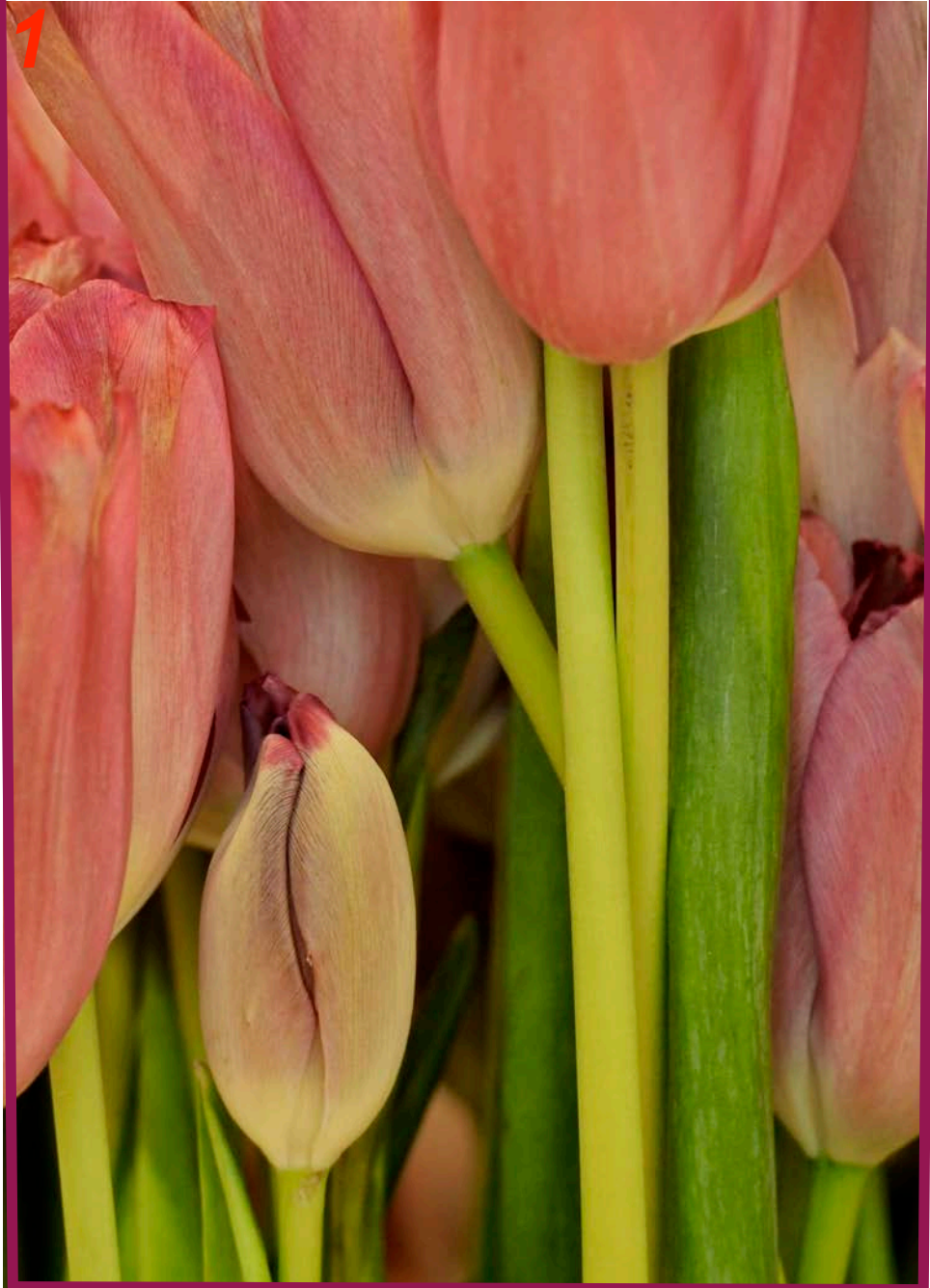




Types and *Shadows*

It's still Springtime!



Issue 87

Spring 2021

Journal of the Fellowship of Quakers in the Arts



Featured Cover Art: "Tulips," Photograph
© Joanna Clapp Fullagar

www.fqaquaker.org
facebook.com/quakersinthearts

Loving Earth Project

graphic from QAN website



T & S Editor

Blair Seitz

blairseitzphotos@gmail.com

109 N 3rd Ave

West Reading PA 19611

610-223-5240

FQA Board Members

Currently vacant, Clerk

Doris Pulone,
acting Treasurer

Bonnie Zimmer,
Membership
sandbox33@gmail.com

Chuck Fager
chuckfager@aol.com

Phil Furnas,
pbfurnas@gmail.com

Christine Cameron,
South Jersey FQA Chapter
scissordoodles@gmail.com

In the last issue of *T&S* we noted our English sister arts organization, Quaker Arts Networks (QAN) announcement of The Loving Earth Project. QAN invited all Quaker artists internationally to join the project. FQA member, Beverly Ward has responded to the invitation and is organizing other FQA members to take part in the effort.

The project aims to help a wide range of people engage with the challenges of living more sustainably, motivated by love. It uses arts and crafts, and particularly a community textile project, to help artists engage with the issues without being overwhelmed by them.

The Loving Earth Project is a partnership between the Quaker Arts Network (UK), Woodbrooke (the Quaker study center), and others. Woodbrooke's work in the project is part of their sustainability work for Quakers in Britain, and the Quaker Arts Network is responsible for the exhibition and outreach for the project.

They invite individuals and groups alike to explore how their own actions may influence the future of something, someone, or somewhere we love. A variety of resources to aid in this exploration can be found at www.lovingearth-project.uk. One result may be textile panels which—accompanied by a short text—would join a travelling exhibit.

QAN is hosting free online workshops to help people get started, as well as online chats for panel-makers. Craft groups, faith groups, community groups, and any interested individuals are encouraged to get involved.

QAN plans to display the exhibit in Glasgow, UK, at the time of the UN Climate Change Conference, COP26, in autumn 2021. QAN hopes that it will tour widely thereafter. QAN hopes that the displays will represent a wide variety of places and communities around the world.

In May, QAN has a workshop focusing on biodiversity. The informal chats for panel-makers to share inspiration as well as other information about events can be found at www.lovingearth-project.uk.

FQA members can connect with Southeast (US) Yearly Meeting Earthcare Field Secretary Beverly Ward at fsearthcare@seymquakers.org to note your interest or contact and find on The Loving Earth Project on [Facebook](#), [Instagram](#), or [Twitter](#). QAN and Beverly ask you to support the project by telling others who may be interested. They say, "let's see what love can do."

www.lovingearth-project.uk
lovingearthproject@gmail.com

Types and Shadows is published quarterly by the Fellowship of Quakers in the Arts (FQA), 7805 NW 28th Pl. M209 Gainesville, FL 32606 Membership is \$30/yr
T&S Submission deadlines are: Sept. 15, Dec. 15, March 15 and June 15.

FQA is an art ministry for Quakers and others under the care of Trenton Monthly Meeting.





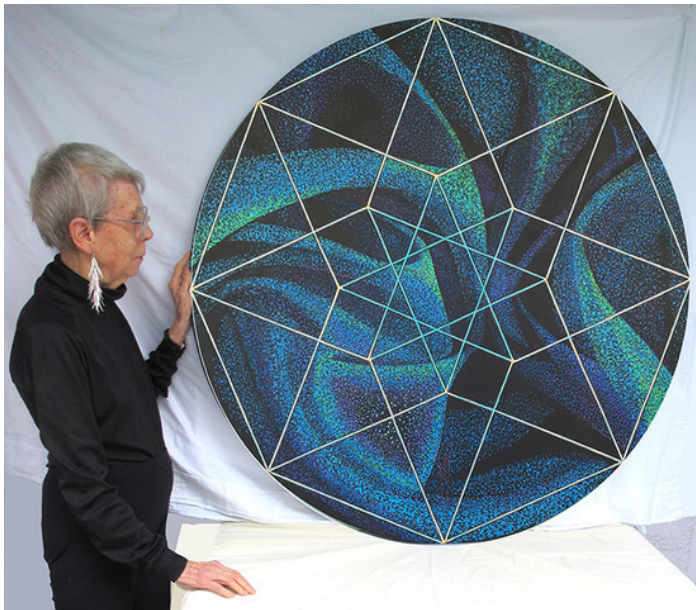
Blair Seitz

©Judy Ballinger

From the editor...

It seems to me that sometimes we publish artists in *T&S* or at the Quaker Arts Center at Friends General Conference and then, unless we live in their area, we forget about them. To jolt our memory, I have included a medley of art from 14 artists that you may remember from previous encounter(s). I hope this refreshes us with joy of their wonderful artwork. I also introduce to you the poetry of **Jennifer Gittings-Dalton** as well as of **Sandy Green** and, **David Nazario**, who has just published a book of poetry. You have already met **Trudy Myrrh Reagan** and **Winifred Keane** who continue their remarkable creativity. Do enjoy this T&S -Blair

Trudy Myrrh Reagan new work...



"Paradox: Description does not equal Being"- acrylic, pointalism and hard-edge - 45" diameter on 3/4" plywood.

© Trudy Myrrh Reagan

Trudy notes: "The lockdown gave me the protected time to undertake this project that has been simmering for literally years. I worked on this for months. The work covers both complementarity (and other science puzzles), and mysticism vs. doctrines. This thread of thinking has been present in my work since 1970."

Trudy resides in Palo Alto, CA.

See www.myrrh-art.com/book.



Beauty Can Heal

John Holliger, 2021 Delaware, Ohio

johnholliger@columbus.rr.com

Art Clearing...

Karlene Ellsworth, Gwynedd, PA, is running a "Paintings for Charities" project. Her paintings are free to anyone who tells her they want it and will donate \$25 or more to a charity of their choice. Once you email her your mailing information she'll send the painting. See her story at artbykarlene.org. Here are two 8" x10" paintings that were still available on 4/14.



QUAKER VISUAL ART MEDLEY

from video at Quaker Art Center (QAC) at Friends General
Conference (FGC) <https://www.youtube.com/watch?v=ggmDHyUVvqg>



Clockwise from top right: © Adrian Martinez; © Arla Patch; © Exel Van Helden; © Jesse White; © Jamie Ham; © Mary Waddington; © Bernard Winter



QUAKER ARTIST MEDLEY (cont.)

Clockwise from top right:
© Ron Nuse; © Rebecca
Ross; © Asake Denise
Jones; © Sadille Wiltshire;
© Richard Edwards © R.
Brown Lethem © Leo Quirk



Poetry by Jennifer Gittings-Dalton

Fey

the fey
holds my allegiance

take your sureties
and send them back.

I want to see
halls of mirror
worlds without end
the face embedded in grass
that is death to see.

I want the wind to moan
to tell me its distances
carry my torn self
in cirrus high above earth.

I want to lie
in the crystal cavern
see the mountain king's hall
drink from the cup
at the mad woman's fountain.

with such an undoing,
I am willing to have lived



Jennifer Gittings-Dalton

A major theme in my poetry is exploring what it means to belong, or not to belong, to very different cultures and worlds, and the condition of inhabiting the thresholds and liminal states between them. After a childhood spent in Asia, I have always resided in suburban and rural Pennsylvania, and have gained my greatest inspiration and refuge from immersion in this landscape. Especially important to me is writing about the thresholds we occupy in our everyday relations with the “wild” world, both around us and within us.

For more than twenty years I was honored to work in higher education with people in deep transition, from all over the world, as a college advisor, instructor, and director of career services. Now, I am exploring new roles as a writer and poet.

A chapbook, *Bird in the Overhang*, was published by FootHills Publishing in 2007. Other poems have been published in the journal, *Types and Shadows*, by the Fellowship of Quakers and the Arts, and the *Mulberry Poets and Writers Journal* (a poem, “Elegy for the Poet in August”, received a prize in 2002). Poems have also appeared in college literary magazines (*Front Street Journal*, *Zephyr*), *The Reading Eagle*, and in the textbook *No Barriers*, by Indenbaum & Indenbaum. Various prose articles and book reviews on the arts have been published in regional magazines.

For many years I was active in the (next page)

Eostar

(The goddess of spring, from which the word Easter is derived)

there's a tension in the fields,
a humming in verdigris
new wheat along the edges
like a ruff of velvet,
so readily it rewards the rain

country church sign:
"Easter Cantata: Behold the Lamb"
behold: the cantata of frogs,
wings, eyes, bellies,
opening and welling
in cold, fresh pools

the dead served up
again in the unwrapping
of a million hearts

behold a Child
on a bike, in the mist;

there's a tension in the fields,
green skin tightening across furrows,
blooming from last year's waste;
behold, the slain have given us life,
the boy's tire wobbles in the mud,
and deep in the soil the worms are singing

pilgrimage

torrents run along the roads after rain
revealed in loneliness,

Berks Bards, helping to produce a monthly poetry series, numerous special events, and major poetry-related festivals in the Greater Reading, PA, area.

Poetry readings in which I have been featured have included: Berks Community Television's (BCTV's) programs "Poet's Pause" and "Interfaith Alliance of Berks County," Pagoda Writers, Berks Bards, First Thursdays, the Manayunk Science Center, regional libraries, Writer's Showcase in Scranton, Mulberry Poets and Writers Awards, Otherwise/Mad Poets in Pottstown and Royersford, PA, Alvernia University Literary Festival, the Greater Reading Literary Festival, Reading Area Community College's Miller Theatre, the GoggleWorks Arts Center, the PAL Center for the Arts/Reading, and many other local venues and arts outlets.

I reside in Exeter, Pennsylvania, in a tiny valley bisected by two creeks. With my husband Stan, I enjoy biking the country roads and trails. I attend Exeter Monthly Meeting. -Jennifer Gittings-Dalton

the eye chances upon
a small secret in the grass

pilgrimage
ancient French word mossy at the fringe
speaks less of leagues
than depth of travel.

Indoor lit lives
still hiss with the voice of spirits
thickly, they cluster close
at the springs, where through the cracks
luminous water wells to our hands

on the raining road,
all of us walk barefoot
in our skin
and in our tears



Longtime FQA member, Winifred Keane, who calls FQA "a wonderful organization," celebrated her 90th birthday on February 12, 2021, by ZOOM organized by her daughter, Sheila, with about 25 friends from different walks of life--many persons who credit Wini for helping them to heal and grow. The birthday "party" included a photo album put to music by her son Brian who gained fame this year with his music for the PBS documentary, "Driving While Black."

At about the same time the musician, poet and music composer released her book of 75 poems--her passion in her recent years. Winifred is an award winning composer with degrees in music from University of PA, Western Connecticut College and Sarah Lawrence. Her many awards include the National Endowment of the Arts. See more at her website: www.winifredkeanecomposer.com

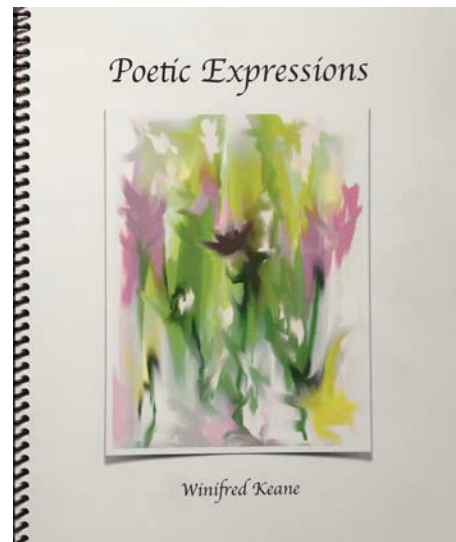
Winifred is a member of Wilton (CT) Meeting.

Healing

Healing, healing goodness and healing
God is our healer, body and soul
Healing, healing, God is our healer
Teaching us courage, wisdom and love

Reaching, Reaching

Toward the Ineffable Unknown
The Source of all Being
Creator of the Universe
My Soul yearns for your Love and Light



Cover, *Poetic Expressions* by Winifred Keane: artwork © Carolis; Poems © Winifred Keane

While Winifred writes of many subjects in the arts, nature and about people, I have chosen the two short poems which speak of her experience of God. The art in her book (left for the section on the arts) is © Carolis.

An Unknown Entity

by Sandy Green 2/1/21, Haverford (PA) Meeting

The last of my abusive relationships ended,
With a new President for my America.

The one I never called by name,
inflicted his wrath, and held hostage my freedom,
for his vanity and greed.

Battered into submission, and the complacency I deplore,
worn down to the knickers of my despair.

My America, freedom for all, in this grand experiment.
Trapped by the America of my dreams, carrying the nightmare in its sweat.
Release me thy savior, have I ever asked for more?

I want equality, I want peace, I want justice, I want TRUTH.
Locked into the presence of your salvation, I plead for humanity.
The master of my abuse destroyed my innocence and wept my tears dry,
for I near succumbed to his violent insurrection.

But for the grace of some unknown entity, we almost lost.
He robbed us of our identity, foreclosed on our security, and denied us TRUTH.
He injected his venom into our souls and took us to a place of dark despair.
He raped us and held us hostage in his darkness.

He tore down our façade and replicated his, with his gold standard.
He deceived those who put their faith in him, blindsiding the frail and lonely.
He promised those too blind to see, he alone could fix it...
He alone, how sad for the deceived, how sad for he, alone to face his destiny.

But for the grace of some unknown entity, *we would not be.*
Democracy prevailed and changed the course of history,
to be, what is meant to be. Democracy is coming to America,
just wait and see, moments have a way of finding you,
Let's pray for another day, another chance to fix humanity... AMEN!

Satin Anger

by David Nazario

*Silky smooth
Wrinkling red, with ruffled feathers
To be Brown in America is satin anger
Boiling beautifully
But enraged enough to bubble over
Yet soft enough to catch its own heart
In its own bed
Always needing and giving Love
Some are trying to not let anger linger though
While some still are of course
Others gently place this anger elsewhere
On the page or pad, dancefloor or runway
Wrapped up in the sage smoke
Laid to rest on the altar
Given away to the ancestors
Whisked about in the wind
Then hung out to dry
At the feet of the Mother Sun
And left to bake on the wash line
Like satin anger*

David Nazario, is a Reading, PA, resident and Master's Degree candidate at Kutztown University with a special interest in Community Policing. He is an instructor at Reading Community College and author of the book, *Make Love Your Religion*, which tells his story of growing up in the "projects" and finding an alternative path from traditional religion. He is a co-host of "Upending Racism," a series of workshops and related initiatives organized by Quaker Jennifer Hanf, also of Reading.

Types and Shadows history of Quaker Artists feature

With permission of author Gary Sandman, *T&S* shares vignettes of artists from his book, *Quaker Artists*. These essays are sometimes surprising as the artists date back to the era when artwork was condemned by Quakers. In this issue we reprint a short essay about Quaker dolls (can you imagine) and their creators. Sandman's book can be ordered from garysandman@cox.net.

QUAKER DOLLS

Several Quaker dolls or images of dolls reside in the National Gallery of Art, the New Bedford Whaling Museum, and other collections. The dolls are made of china or painted wood, with a few of them made of corn husks. Material for their costumes is silk, organdy, muslin and linen. They usually depict female Friends in bonnets, shawls and long dresses. Some of them are male Friends. The predominant colors are gray or drab, the latter a sort of yellowish-brown. Most of the dolls were toys for children. Some were models, called "babies", used by seamstresses to show their customers, as Amelia Mott Gummere noted, "the latest in drab". The dolls date from the nineteenth century, and the craftspeople are anonymous. The illustrations of them were created in the 1930's and 1940's by several artists, including Charlotte Angus, Mina Lowry, Jacob Gielens and Bertha Semple. The mediums used were watercolor, gouache and pencil.



The Quaker dolls are exquisite. Representative of them is the drawing above by Charlotte Angus. - Gary Sandman

Do you know?

For every issue of "Types and Shadows" I, as editor, need to find Quaker artists who wish to have their work published in **T&S**. True, that's usually a pleasure because all of the artists I talk with consider it an honor to be published in **T&S**. The point is that artists do not usually send in work. Do you know that the editor has never turned down any work sent to him? Please send your work to blairseitzphotos@gmail.com.



Types and Shadows, Journal of the
Fellowship of Quakers in the Arts

109 N 3rd Ave
West Reading PA 19611

FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

In this Issue...

Art by Joanna Patterson Fullagar, Trudy Myrrh Reagan, John Holliger, Ron Nuse, Rebecca Ross, Asake Denise Jones, Sadelle Wiltshire, Richard Edwards, R. Brown Lethem, Leo Quirk, Adrian Martinez, Arla Patch, Exel Van Helden, Jesse White, Jamie Hamm, Mary Waddington, Bernard Winter and David Foster; Poetry art by Jennifer Gittings-Dalton, Winifred Keane, Sandy Green and David Nazario.



"Springtime" Photograph © David Foster