



Types and *Shadows*



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Journal of the Fellowship of Quakers in the Arts



Featured Cover Art: "Each Twilight,"
photograph © Leo Quirk

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Maria Cattell
Photo @
Blair Seitz

From the FQA Clerk...

Dear Friendly Artists,

In recent years FQA has coordinated an art show and other activities for the Quaker Arts Center (QAC) at the FGC Gathering. This year was the third in an ongoing "renewal" process for the QAC involving outreach beyond visual arts to other creative arts and to artists in other communities at Gathering. In 2019 we drew in first-time participants who were not FQA members, supported new types of programs, and facilitated wider interaction across FGC communities in preparing for the Gathering. This multi-year process is showing rich rewards with an increasing range of art as well as more individuals and groups participating in QAC activities as we got "on the radar" of various FGC communities, staff and attenders who previously felt no connection with us.

Thanks go to Bonnie Zimmer for leading this effort and to all those who worked with her: J. Lee Cook, Mey Hasbrook, Zan Lombardo, Doris Pulone, Leo Quirk, Micah Sommersmith.

Doris Pulone and I have served for a number of years on the FQA board but these days our lives are moving in different directions and we feel it is time for us to say farewell, not to FQA, but to the board. Doris served as treasurer for many years and brought us into the digital age by making dues payable online. She kept our financial records and made us toe the line on expenditures. For the past few years she has coordinated an FQA art show and workshops at the annual New Jersey Tri-Quarter Gathering.

Doris says: I do feel SUCH a connection and love for the Fellowship of Quakers in the Arts. If it were not for demands of work and my weariness at the end of many days, I wouldn't be stepping down from the Board. I will remain a member and help with some events, especially the art show at the annual New Jersey Tri-Quarter Gathering. Please talk with your artist friends about joining the fellowship so FQA grows and continues to encourage and support Friendly artists.

As for me, I share Doris's love for FQA and also plan to continue to be involved. In fact, our journal editor, Blair Seitz, has already made me promise to continue to proofread *Types & Shadows*. But I've been trying to finish my family food memoir, *In Grandma's Kitchen: Food and Family in Olden Times*, for several years and finally decided I have to cut back on other things and "git 'er done," along with a few other projects which have languished for too long.

Please do take Doris's request to heart and encourage your artist F/friends to join FQA.

Yours for the Arts,
Maria Cattell





*An opportunity from F2A member
John Holliger...*

Friday, November 1, 2019, at the Sunbear Studio, Westerville, OH, I'll be speaking from noon until 1pm and 6-7pm about the Fine Art Photograph Exhibit that is displayed during October. Bring a sandwich at noon and enjoy Der Dutchman pastries from 6-7pm, There will be two different Q & A's called Secrets from the Photographer's Notebook. The focus will be on the interior life of art, not technique. I'll offer ways to journey into and around a work of art, in which we can sense the presence of the artist, and the questions, memories, reflections which often emerge from pausing and gazing. --John Holliger

See John's photographs at:

<https://www.photographybyjohnholliger.net>

from your editor...

As I've said before, it's a joy--really a thrill--to find and publish artworks of Quaker artists. And often that art has been ground breaking, a fresh look at our world or the artist's response to challenges. I believe FQA member, **Leo Quirk**'s art photography has all of those attributes. Leo is skilled with the use of controlled light. And the interpretation of "journey" gives a lot of meaning to "his/her" and "they." I have been following the career of FQA member **Winifred Keane** since she appeared at my gallery in Harrisburg when FQA had a event there in the 90s. It's great to see her creativity continue in poetry. Please enjoy this *T&S*. Blair

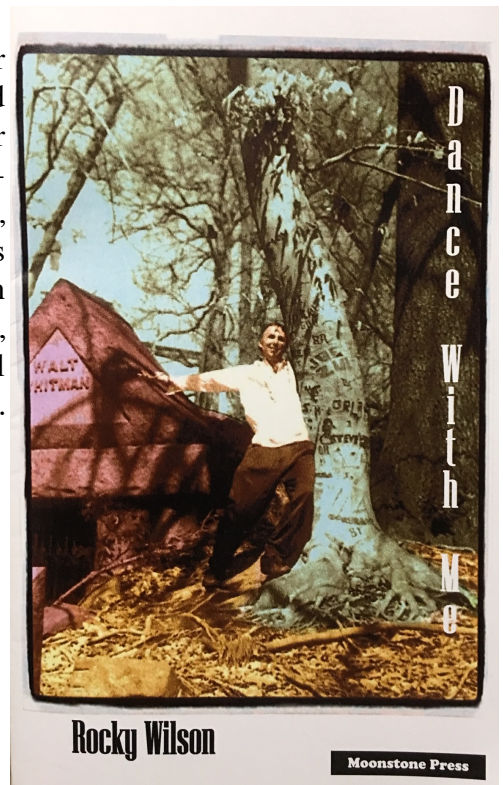
A tribute to hard, committed work...

As **Maria Cattell** notes on the previous page, she and **Doris Pulone** are stepping down from the FQA board. They have given us more than 30 combined years of service. Both Doris and Maria have been committed to FQA, its growth, its membership and its program like none other. FQA urgently needs persons on the board who can "fill their shoes." More than 10 years ago when FQA had annual conferences, Maria was there conducting visioning and business sessions. Doris has always been a spark in the planning of our programs (and bringing too much food, which she blamed on her Italian husband.) Has Doris missed a board meeting? I don't think so and that consistent commitment has held FQA together for these last 10 years and more. Maria supplied us with minutes of the board meetings immediately. Doris dreamed and followed through with the national projects we have had in the last years. They have both been committed to the success of FQA's art center at Friends General Conference. Thankfully, they will still be involved with FQA--Doris at the New Jersey Tri-Quarter art program and Maria lending her impeccable editing skills continuing as the proofreader for this *T&S*. I know they will be doing more. I feel enormously grateful for their work for FQA. And I know you do too. *Thank you, Doris and Maria.*

--the editor

*A 2nd book of poetry from Rocky
Wilson...*

A regular participant and workshop leader at the Jersey Tri-Quarter event, Rocky always captures us with his expressive, discriptive real life poetry.





Above: Doris Pulone, organizer of the Tri-Quarter art program. **Above right:** The Y camp provides good space in their art building. **Far right:** Rocky Wilson "signs" his poetry as Keith Calmes provides background guitar.

New Jersey Tri-Quarter/ FQA Art Exhibit, Performance and Demos/Workshops



Held at Tri-Quarter Retreat, Medford Lakes Y camp, September 27-29, 2019. All photos @ Blair Seitz



Above: Bob Barnett, entertains with folk guitar. **Left:** Judy Ballinger explains her silk painting style. **Far left:** Margo Gulati reads her poetry.

Tri-Quarter Art (cont.)



Above left: Tracy Breen works on her crocheting at the art exhibit. **Above:** Joanna Patterson holds a photograph from Burma beside other photos from her world photography adventures. **Far left:** Allister Dodgson, Doris Pulone and Patience Dodgson experiment with watercolors. **Left:** Heather Fowler and her son, Henry do beadwork. **Bottom left:** Marty Richter demonstrates wood turning as Carlton Crispin and his mother, Cindy, watch;. **Left:** Keith Calmes, classical guitarist, entertains with classics as well as his own composition.



Leo Quirk Expresses Identity in Imaginative, Sculptured Light and Shadow Photography

Since the beginning of time, people of all genders have walked the earth, greeting beings and spirits alike. Thousands of cultures celebrate(d) people who go beyond being male or female, but many of these traditions, myths, legends, and identities are irretrievably lost, ravaged by colonialism. Given the



wide prevalence of these histories and myths celebrating gender diversity, I can only imagine that my ancestors too had such stories. In the spirit of myths - not false stories, but ever-relevant ones - let these images create not just a body, but a figure of transcendence. --Leo Quirk

Right: Leo Quirk; **Below:** "Enveloped" © Leo Quirk



Leo Quirk organized and exhibited art at the 2019 Quaker Art Center of Friends General Conference. Leo is a bassoonist and photographer from Ithaca, New York. He currently majors in music and photography at Indiana University and is an alumnus of the Interlochen Arts Academy and the IES Vienna semester abroad program. Previous summers have been spent performing in opera festivals in Mexico and the Czech Republic, studying photography in Japan and interning at Interlochen Center for the Arts, while last summer included a course at the Blair School of Music and further study of Latin American music.



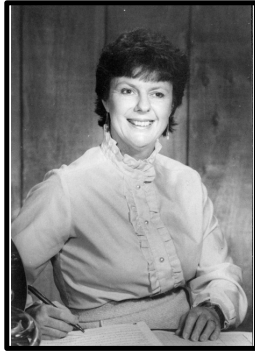
Above: "Whole," photograph; **Left:** "Passing," photograph, both © Leo Quirk

Leo Quirk is a trans and genderqueer photographer who focuses on the intersection of gender diversity throughout history, its erasure, and contemporary reclamation. Recent exhibitions include Thesis Exhibition: Transcendence at Indiana University, Grunwald Gallery, and a permanent display at the Indiana University LGBTQ+ Cultural Center. They hold two bachelor's degrees: a BSoF in Photography, and a BM in Bassoon Performance from Indiana University. Leo's website is: www.leoquirk.com

Right: "As One," Photograph;
Below: "Seeds Sown,"
Photograph, both © Leo Quirk



Living in Wallingford, Connecticut, Winifred is a member of the Quaker Meeting-- Middletown--on Wesleyan University campus. She had been a member of Wilton Meeting for 50 years and still keeps in touch there. Winifred's daughter, who lives in Australia, has had a part in creating a Quaker center patterned after the US center, Pendle Hill. Winifred's goal is to publish a book of poetry. Her poem on this page tells more of her life's journey. Her website is www.winifredkeanecomposer.com. Her email address is: freddylou31@gmail.com



Winifred Keane

Winifred Keane: a full life of composing award-winning music; now, at 88, she writes poetry

The Blue-Black Time of Day (at 88)

After Twilight

The large and leafless trees with thick cobwebs of branches reach out against a dramatically moving sky.
It's the Blue-Black time of day.

Beyond the empty porch, the trees form a panorama of extended arms, crossing in all directions.
In the distance tiny cars travel swiftly onward.

From another window's viewpoint, the pale iridescent blue continues while many trees hold delicate hands across -
Some of the empty branches move gently in the breeze.

A carpet of stationary lights is grounded in buildings far down the hill.
Water and sky striped horizontally by tall and naked trees extend against the whole frame of sight.

The Pond Ridge building across the pond is lit in rows of peopled windows.
Lights from houses, reflected, form different colors and shapes.
They shimmer in the water.

Cars continue their movements,
bringing workers home to rest as the weekend begins.
Soon will come bedtime for the young and very old.

Movement

Movement is a sign of life
The tops of trees have greater movement than the lower branches
Like Spirituality, they oscillate unpredictably
Even stones move, though very, very slowly

The capacity to experience deep sorrow
Gives the ability to experience great joy and appreciation
The opposite of love is not hate
But indifference - no movement

(composed after a Quaker picnic)

The Black Sheep

by Winifred Keane

At age 9, I wrote a 22 verse poem, "The Black Sheep"
That was me
I asked my father for help and he gave me the adjective "atavistic"

I met my husband in college.
We were well matched.
We married when I was 21

At age 26, I had three children and a job directing a church choir
Too much to handle
I crashed

At 31, I sang a solo concert in Carnegie Recital Hall
I wore a gold lame' dress that defined my hourglass figure
I was beautiful (on stage)

At 45, I divorced my still loved husband
After many years of alcoholic abuse
I felt ugly and worthless

At 50, I composed and produced my Chamber Opera, Antigone
It got a standing ovation
I was still a loser

At 67, Walter's gentle love brought me back to life
I blossomed
When he died, I joined a poetry group

I'm 88 now people are telling me that I am beautiful,
inside and out
Amazing!

I'm not a black sheep misfit anymore

Poems by
Winifred Keane

Sunken Garden

Sunken Garden is a tranquil space inhabited by fairies
Sprinkled with people and flowers, it provides a stage for
music and poetry
Good friends connect here and are enlarged by the
aesthetics
A peaceful spirituality pervades the place
Wise poets express the nuance of their perceptions
And the wind leads the dance of the trees

A Cornstalk in My Garden

What is a cornstalk doing in my flower garden?
I didn't invite it!
Yes, the weeds have invaded that tiny piece of earth.
The gardener warned me they would come back if he didn't
spray.
The tall thin evergreen he planted there is still
classically elegant,
And prolific flowers of quiet mauve continue to flourish.
But ugly crabgrass has ravished the sidewalk edges,
And in the center from the greatest of heights,
That one regal cornstalk is gracefully nodding her tasseled top.
I like it there!

Dandelion

I float like a dandelion into the sky!
My grey hair carries me and I become weightless -
I am free to travel to far off places -
Adventure and curiosity can be going with the flow of
wherever the wind take me.
Awareness of my surroundins is awe-inspiring!
Floating like a dandelion can be fun!
I become lighter and open myself to joy.
Allowing my creativity to take wings, I go where it takes me.
I float like a dandelion into the sky!



Photo © Blair Seitz

Types and Shadows history of Quaker Artists feature

With permission of author Gary Sandman, *T&S* shares vignettes of Quakers from his book, *Quaker Artists*. In the past all of the *T&S* features have been about Quakers who have lived in the past. For this journal we are featuring the artist that Sandman has just added to his collection--a contemporary artist.



photo courtesy of Gary Sandman

RICHARD REED PARRY

Richard Reed Parry (b. 1977) is a Canadian musician. He is best-known as a member of the alternative rock band Arcade Fire. A multi-instrumentalist, he plays guitar, double bass, drums, keyboards and accordion. He has co-written many of Arcade Fire's songs. Parry has released solo albums, including *Quiet River of Dust, Volumes I and II*. He has also composed numerous classical pieces for Kronos Quartet, yMusic and Bryce Dessner.

Parry comes from a long line of Pennsylvania Quakers. He grew up attending Toronto Meeting. Toronto Friends, in fact, bought him his first double bass, for which, he noted, "I shall be eternally grateful." The *Quiet River of Dust* albums were inspired by voices he heard singing in the forest near Mount Koya in Japan. The voices were disembodied, that is, there was no one there to sing. Citing his Quaker background's mysticism, though, he simply accepted the experience. Parry regards the act of artistic creation, in an unconscious parallel with Friends worship, as: "It's about turning your attention to it in a certain way and staying there for a moment, being silent and absorbing this magical feeling of the thing that you might pass by otherwise." He states, however, that he is not currently active with Friends.

I had been unfamiliar with Richard Reed Parry's work. Researching for this piece, I was delighted with Arcade Fire's music. And I was very moved by a song Parry wrote: "Their Passing in Time." It is a stunning work. Though I don't plan to die any time soon, this is what I want played at my funeral. A link to "Their Passing in Time," as performed by the Brooklyn Youth Chorus: https://www.youtube.com/watch?v=_Wovn-qKycU

--Gary Sandman



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FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

In this Issue...

Art photography about identity by Leo Quirk, Ithaca, NY; Poetry by Winifred Keane, Middletown, CT; Tri-Quarter Retreat, FQA art exhibit, Medford Lakes, NJ; Musician Richard Reed Parry, Toronto, CAN

PERSPECTIVE

by Winifred Keane

Finding my way Through the tangle of life
Lost in the maze Then seeing the light
God is my guide
Love is my comfort
Music transports me To a Spirit beyond
And lifts me expanding Through terror and joy
My mind hears again the sounds I once made
From a child raking leaves to artist I sang
Monteverde to Ives -Schubert and Hahn
While I nourished my children Made love with my husband

And was hurt by them all
But God sent me ears To transcribe my own music
Creating evolved And continues today
Agnus Dei to Ode to St.Paul
French horn duets to International Greeting
Finding my strength As a powerful woman
Accepting the frailty that aging requires
Looking back at my life In wonder and beauty
Through scars of pain And triumphs connecting
Grateful for all - Perspective and Thanks